



To improve the life outcomes of young men and boys of color

## Building Capacity : Professionals



### CONNECTING WITH YOUR SONS:

Parents / Caregivers Workshop Series

Connecting with your sons is a series of active 2-hour workshops that help parents learn more about the uniqueness of their boys. Based on the research in male emotional intelligence, male motivation development, and the male brain, the Sims-Fayola Foundation links practical solutions with research from experts on male development for parents. The workshops also includes ways for every parent to understand and influence how their own boy is doing in terms of the correct learning environment, how boys are motivated, how to use the arts and athletics to teach boys (whether or not they are sensitive boys, aggressive boys, restless or bored boys), and how to best utilize the essential role of the parent, teacher, and community.

Connecting With Your Sons is a unique combination of powerful presentation, research, practical strategies, and passionate advocacy that helps parents act on behalf of boys and young men—one home, one school, and one community at a time.

- Outcome 1: Parents will be able to understand how the minds of their sons work.**
- Outcome 2: Parents will increase their capacity to be advocates for their sons in school.**
- Outcome 3: Parents will increase their capacity to emotionally support their sons.**

#### Workshop Topics

- **The Male Brain and How Boys Learn**
- **Dear Young Man of Color**
- **Boys and Their Education**
- **The Real Causes of Male Violence**
- **Ending Dangerous Attacks on Boyhood**
- **Supporting and Building Male Emotional Intelligence**
- **The Science of Maturity, Including Sexual Maturity**



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